

paramount – most affordable & adjustable

The Paramount collection is Office Master's answer to the Information Age seating needs. The Paramount Collection consists of 22 models and offers cross-performance functions from basic executive chairs and professional chairs to the most sophisticated CEO chairs.

BusinessWeek

paramount judged by *BusinessWeek* as one of the best.

The Paramount chair from Office Master is renowned for delivering exceptional multi-task functionality and ergonomic comfort. But it's the pricetag that's always been its most outstanding feature. BusinessWeek, in fact, recently recognized Paramount as "one of the most affordable series of the adjustable chairs," comparing its value favorably with office chairs priced two and three times higher. And Office Master chairs in general were cited as a recommended choice of noted experts from the fields of occupational therapy and ergonomics.

PERIPHERALS, BETTER MICE, ETC.

WHO SAYS COMFORT IS A LUXURY?

Face it, with more work being done on computers, and with the Internet replacing TV as the evening's entertainment of choice, you're spending a lot of time sitting in front of this generation's version of the boob tube. You might as well be comfortable. To help you, we asked a couple of experts to explain why you should consider paying more for your



chair, mouse, and keyboard than you just did for that spiffy new PC. Even though most jobs require you to spend more time sitting in your desk chair than you spend in your bed at night, people still put more effort into shopping for a new mattress than they do for a chair. You might want to rethink that. Occupational therapist Linda J. Johnson of Sebastopol, Calif., says that people should be able to easily adjust their chair's height, tilt, back, seat, pan, and armrest height independently of each other. That's a tall order for most chairs to fill. Some adjust well for short users, but they can't accommodate a body that's more than six feet tall. Others work perfectly for people who are average weight but are the wrong pick for heavier users.

"When you buy a pair of shoes, you try on quite a few to figure out what fits, what's functional," Johnson says. "You need to try on chairs for the same reason." Expect to spend at least \$400 for an ergonomically correct chair, though, and double or even triple that price tag for a chair with all the bells and whistles. Johnson says that body posture is important. Johnson and Dan Kelso, an ergonomist, both recommend trying out chairs that are made by Steelcase, BodyBilt, Neutral Posture, and Office Master. Kelso's company, Environmental & Occupational Risk Management in Sun

TWO SCODOPS: Kinesis' contoured keyboard gets rave but is tricky

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MANUFACTURER/MODEL	PRICE	THE SKINNY
CHAIRS		
STEELCASE Criterion, Leap	\$500- \$600	Deep seat, versatile with flexible back, advanced technology.
BODYBILT J Series	\$600- \$1,000	Suitable for heavier users, up to 400 pounds.
NEUTRAL POSTURE All models	\$600- \$1,000	Plenty of adjustment options, including armrest height.
OFFICE MASTER Paramount	\$300- \$450	One of the most affordable series of the adjustable chairs.
HERMAN MILLER Aeron	\$750- \$1,200	Panned by experts as gimmicky, inflexible. Looks cool, though.

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office master chairs

Whether it's to complement the decor of an executive office suite or to function in the simplest of workplaces, Office Master has the chair that's right for you. Since 1986, we've delivered comfort, style and performance in innovative, advanced ergonomic office seating. We offer a complete line of ergonomic chairs with more than 100 different models and 99 colors to choose from, all at extremely comfortable prices. We invite you to visit one of our dealers in your area to see how the ultimate value in quality office seating can work for you.

special information:

You may choose from Office Master's 99 contemporary and durable designer fabrics and colors, 10 arms, 5 types of casters and many other options. All chairs are made in North America and can be TURBO-shipped, a service only offered by Office Master.



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